

SECRET to LONGEVITY

Courtesy of California Earth Minerals

Calcium Montmorillonite – Terramin

The Tibetans in Western China, the Hunzas in Eastern Pakistan, the Georgians in Western Russia, the Armenians, the Abkhazians and the Azerbaijanis, the Vilcabamba in Ecuador, and the Titicaca in Peru routinely live to be a 120 or even 140 years old, according to Nobel Prize nominee Dr. Joel Wallach. What is more, these people don't live in nursing homes; they live full, productive and enjoyable lives.

The reason for their longevity is that they inhabit high altitude areas where the soil contains abundant amounts of montmorillonite clay deposits, a mixture of minerals from mountains and ancient oceanic sediment consisting of seaweed, algae and other calciferous marine life that are believed to have been brought to the surface by volcanic activity and transported to a deposit by precipitation.

Thanks to the montmorillonite, which soil experts value as an exceptionally good agricultural enhancement, their crops taste better, grow faster, and are more resistant to diseases. The balance of natural colloidal minerals, including the essential trace minerals present in montmorillonite are easy to assimilate and enhance the production of enzymes in all living organisms.

Dr. Edward Howell, the father of modern enzyme research, proposes that enzyme deficiency is a significant cause of premature aging and the development of numerous degenerative diseases.

Similarly, plants grown on impoverished soil, deficient of minerals and nutrients, are more vulnerable to damage from insects and diseases and produce little more than malnourished bodies. Dr. D.W. Cavanaugh of Cornell University, writes: "There is only one major disease and that is malnutrition. "

Chemical fertilizers gained a **stronghold** in American agriculture after it was discovered at the turn of the century that plants fed with the scientific trinity NPK (nitrogen, phosphorus and potassium) could survive and look fairly good.

However, 40 or more years later, concerned ecologists and agriculturists were able to prove that chemical fertilizers that are toxic and the lack of proper natural nutrients in the soil caused plant vulnerability to fungus and insects, leading to more crop loss and soil depletion.

For optimum health the human body requires more than 70 minerals, Dr. Jensen, the author of the book "Empty Harvest" and other authorities on the subject agree that it would be fairly easy to put these desperately needed minerals back into our soil.

Colloidal soil can actually boost the content of vitamins, minerals and enzymes in plants, thus benefiting every entity from the plants themselves, to animals and people.

Colloidal soil works in harmony with, and encourages, proper PH balance, humus content, micro-organisms, NK, water, sunlight and all great growing practices to create the most delicious and nutritious food possible.

Colloidal soils have been used for many years to produce colloidal minerals for man and beast, which have been proven effective in halting and before that reversing degenerative disease. Pioneers have used colloidal soil for almost a century in food production and by the native Indians for who knows how long to fertilize their corn, squash and other crops.

Colloidal soil, when added to other growing medium becomes the final link in restoring the complete electrical process between soil, plant, animal, and human. It is also beneficial in restoring agricultural land from the effects of pollution, acidification, nitrogen fixation (chemical fertilizers) that increase crop yields, chemicals to reduce or destroy mold, fungus, viruses, bugs and parasites. It even minimizes crop failure due to extreme weather or radical temperature shifts.

A few of the best books about colloidal soil that examines the effects of depleted soils and some of its effects on human, plant and animal health on the subject of mineral supplementation can be found in, "The Clay Cure" by Ran Knishinsky, "The Healing Power of Living Clay" by Neva Jensen, "Our Earth Our Cure" by Raymond Dextreit, "The Healing Clay" by Michael Abehsera, "Rare Earths Forbidden Cure" by Dr. Joel Wallach, "The Secret Life of Plants" and "Secrets of the Soil" by Peter Tompkins and Christopher Bird.

Unless our depleted soils are restored with proper nutrients on a massive scale, continued erosion and increases in chronic and acute diseases are inevitable. We can counteract this to a certain extent by ingesting these much-needed nutrients directly, in the form of dense green chlorophyll rich foods and natural mineral supplements.

If you have not tried "Terramin", a supplement that is a powerhouse of natural mineral nutrients, you should! You may not live to be 140, but you can rest assured that you are providing your body with one of the most optimum natural nutritional sources known. Animals and plants can equally benefit from this same source of nutrients.

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