

# GEOBIOLOGY AND SALT CRYSTAL LAMPS: MEDICINE FOR OUR HOME

By Alexandra Carr

## Our homes need healing, what “sickens” our homes?

Today, people are continually bombarded by harmful positive ions, whether they realize it or not. These positive ions are generated by several factors, such as, the vast increase of electrical appliances within our homes, high tension power lines and subterranean sources of harmful telluric waves. These subterranean vibrations are also known as Hartmann networks, and although we may not be aware of it, these networks can alter our health and disturb our mental vitality.

Since ancient times, obvious links were drawn between states of consciousness, conditions of health, and the places where people lived and prayed. Before building a home, ancient Romans typically let sheep graze on a terrain for a whole year. This would allow builders to see how the sheep reacted to the telluric vibrations (the vibrations coming from the earth) of the site. Many sacred buildings like temples, churches and cathedrals were purposely constructed on grounds that had high telluric energies.

In the first half of the twentieth century, French doctor, Francois Peyre, pioneered a new field of study. His theory of “Peyre radiation” ascertains that we are constantly being bombarded with two types of waves; cosmic (coming from the sky) and telluric (from the depths of the earth). According to Peyre, these energy waves had the ability to harm or improve the condition of our health. He worked to understand the relationship between illness and the certain places people lived in and he attributed these “cancerous houses” to the presence of subterranean water streams.

Several decades later, German doctor, Ernst Hartmann continued to work on Peyre’s theory. During his lifetime, Hartmann further explored this new field of study, whose area of expertise was the relationship between a living environment and its inhabitants. He created many instruments, including the infamous Hartmann wand, for measuring lines of energy, as well as stopgap measures for remedying the impact of harmful waves on human physiology and psychology.

Hartmann built the foundation of what would become a science within itself: Geobiology, or *medicine for the home*.

Geobiology is a science boundary between geology and biology which deals with anything that might affect the health and welfare of people in their environment and, more specifically, in their habitat.

Much of this knowledge has already been integrated by researchers, architects, and builders. In the past several decades, his successors have expanded upon Hartmann’s research and many important discoveries have been made.

An example of this newer work includes discoveries of harmful energies which were never categorized by Hartmann. Such as the harmful *electromagnetic waves* emitted by most modern appliances. Even when they are not turned on, lamps, computers, television sets, microwaves, and other household appliances transmit and magnify this kind of wave.

Many apparatuses such as televisions and computers often remain in sleep mode-meaning they are still *on* and transmitting waves, even when they are not in use.

Wireless equipment like cell phones and modems continue to diffuse an electromagnetic field through the atmosphere even when they are turned off.

Imagine the effect these electromagnetic fields may have on you, as they are constantly being emitted and, it’s their number that makes them strong!

Returning to the Stone Age is out of the question and so, it seems there is no place to hide.

## So, what is the solution?

First, there is the principle of precaution. When possible you can disconnect your appliances when they aren't in use.

Another simple precaution is to keep some distance away from the appliances when you use them. Microwaves, televisions, and CD players do not need close attention.

A third precaution; Salt crystal lamps which offer a practical and genuine solution to these problems can easily be installed in every room in your home.

## What is a salt crystal lamp and how can they help?



It is a block of crystallized salt which is mined in the foothills of the Himalayas, a mountain range that was formed after the primeval sea dried up over 250 million years ago! They are carved out from the inside, leaving a hole into which a low-watt bulb has been inserted. All you have to do is plug it in just like a bedside lamp for it to give off its soft, calming light which aides in relaxation and meditation and also helps energize your whole body.

Natural salt crystal has been credited with a range of curative powers, from air purification to migraine relief to protection against airborne germs.

Salt crystal lamps release healing negative ions into the air when lit. Like the energizing negative ions released in the natural settings of mountains, waterfalls, or beaches, the negative ions emitted by these lamps increase oxygen flow to the brain, helping to alleviate depression, relieve stress, and boost daytime energy.

These ions also naturally counteract the effects of the electromagnetic waves we are bombarded with from appliances like televisions, computers, and air conditioners. Salt crystal lamps have also proved to protect against airborne germs and can reduce the symptoms of allergies, sinus problems, "brain fog" and insomnia.

Every lamp is unique due to the quantities of metals and mineral elements that they have absorbed which enrich them and give them their delicate tones. Their nature and color vary from one lamp to another but there is one invariable constant: the orange tone. *(orange refers to the color range of the lamps when they are lit. Unlit, many appear as shades of pink)* Orange appears in its entire range, going from the palest to the brightest, crossing from yellows to reds.

In closing, it could be said that, that although there are some who will choose to argue against the curative powers of a salt crystal lamp, most will agree that when lit, this unique gift of nature adds beauty and divine harmony to any room.

## Did you enjoy this article?

Alexandra Carr is the Website Manager and Publisher at [www.clayremedies.com](http://www.clayremedies.com)  
Your wellness source for Healing Clays, Salt Crystal Lamps and Aromatherapy  
Send your comments or questions to: [acarr@clayremedies.com](mailto:acarr@clayremedies.com)