

Rainbow® French Green Clay

An increasing number of people today are health conscious, not only about what they eat, but about the beauty aids they use on their skin. People are rediscovering a centuries old cleansing and beautifying product—Green Clay.

Once the favorite cleanser, beautifier, and healer of ancient civilizations, today clay is being appreciated for its remarkable properties. Major beauty salons and spas around the world use clay as an important part of their cleansing and toning treatments.

One of the most active clays available is green clay from a quarry in France. Carefully dug from the center of the clay bed to eliminate all stones, dust, and other impurities, it is then exposed to sunlight to dry to a super-fine powder.

French Green Clay has enormous absorbent powers due to the structure of its micro molecules. It literally “drinks” oils, toxic substances and impurities from the skin. Its toning action stimulates the skin, brings fresh blood to skin cells and revitalizes the complexion. French Green Clay tightens pores and helps to keep the skin toned and firm.

French Green Clay is marvelous for helping to clear problem skin. Simply apply a little every day over troubled areas and leave it to dry for 15-20 minutes and then rinse off. It could well be the natural health answer for clearing teenagers' problem skin.



MASK RECIPES

BASIC MASK FORMULA

1-2 Tablespoons French Green Clay
Spring Water

Mix clay powder with water until paste is smooth. Apply with fingertips or spatula. Leave on 15 - 20 minutes. Rinse with tepid water.

NORMAL SKIN: Yogurt Mask or Egg Mask

Basic Mask Formula plus a
Tablespoon Plain Yogurt or 1 Egg

Mix basic formula with egg or yogurt. Texture will be creamier than the basic formula. Apply as above.

DRY SKIN: Olive Oil Mask or Almond Oil Mask

Basic Mask Formula plus a
Tablespoon Olive Oil or 1 Tablespoon Almond Oil

Mix basic formula with olive oil or almond oil. Apply as above.

DRY SKIN: Papaya Mask or Avocado Mask

Basic Mask Formula plus a
Tablespoon Papaya, mashed or
1 Tablespoon Avocado, mashed

Mix basic formula with papaya or avocado. Apply as above. This formula is high in vitamins and minerals. Also very soothing.

SENSITIVE SKIN: Chamomile Tea Mask

Basic Mask Formula plus a
Tablespoon Chamomile Tea

Mix basic formula with chamomile tea. Apply as above.

OILY SKIN: Juice Mask

Basic Mask Formula plus
1-2 Tablespoons Orange Juice or 1-2 Tablespoons
Lemon Juice or 1-2 Tablespoons Tomato Juice

Mix basic formula with juice. Apply as above.

TEENAGE SKIN: Aloe Mask

Basic Mask Formula plus
1-2 Tablespoons Aloe Gel

Mix basic formula with Aloe. Apply as above.